



Albert M. Allen

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Fill Not Your Heart

Fill not your heart with pain and sorrow,
but remember me in every tomorrow.

Remember the joy, the laughter, the smiles,
I've only gone to rest a little while.

Although my leaving causes pain and grief,
my going has eased my hurt
and given me relief.

So dry your eyes and remember me
not as I am now, but as I used to be.

Because I will remember you all
and look on with a smile,

Understand, in your hearts,
I've only gone to rest a little while.

As long as I have the love of each of you,
I can live my life in the hearts of all of you.

Joey Beighley